

INTEGRATED SPORTS REHABILITATION




26 APRIL 2024 (FRIDAY) 08:00 - 16:45
LOCATION: SIPADAN HALL 3 (LEVEL 4), SICC.

TIME

PROGRAMME

SPEAKERS

07:30 - 08:00	REGISTRATION	
08:00 - 10:00	<ul style="list-style-type: none"> • INSTRUMENT-ASSISTED SOFT TISSUE MOBILIZATION • NEUROMOTOR & PROPRIOCEPTION TRAINING • INDIBA® ON POST-SURGICAL ACUTE MANAGEMENT 	<ul style="list-style-type: none"> • MDM. NORHUDA SULAIMAN • DR. YAU MAY YANN • MR. DARREN KOVILPILLAI
10:00 - 10:30	COFFEE BREAK	
10:30 - 12:30	<ul style="list-style-type: none"> • STRENGTH & CONDITIONING TRAINING • BIOMECHANICS ASSESSMENT TRAINING 	<ul style="list-style-type: none"> • DR. STEFFI WONG • DR. MUHAMMAD KASHANI MOHD KAMIL
12:30 - 14:00	LUNCH SYMPOSIUM/ LUNCH	
14:00 - 15:00	THE MAGIC OF  DRY NEEDLING	<ul style="list-style-type: none"> • MR. ROBERT DE NARDIS
15:00 - 15:30	COFFEE BREAK	
15:30 - 16:30	A NEW PERSPECTIVE OF PAIN-MANAGEMENT - REST YOUR NERVOUS SYSTEM	<ul style="list-style-type: none"> • DR. ANDY HSU
16:30 - 16:45	CLOSING REMARKS & END OF WORKSHOP 3	<ul style="list-style-type: none"> • DR. NIK NADIRAH NIK AZIS



FACILITATORS:

- DR CARYN ANN HO
- DR ABU UBAIDAH
- DR AMANDA LAI LEE CHEN
- DR MUHAMMAD SOPHEE ABDUL GHANI